

sexy safe sex

WORKSHEET

PERSONAL AND PROFESSIONAL REFLECTION

1. What have been the most important things you have learned from this training?
 - * about yourself?
 - * about sex and pleasure?
 - * about your work?
2. In what ways is this training going to benefit you in the course of your daily work?
3. Choose one area of your work and consider how you could make a change which would make you more able to be sex-positive with your clients?
4. What change are you going to make? Is this:
 - Specific
 - Measurable
 - Achievable
 - Realistic
 - Time-bound
5. Will you need permission or support from anyone in your workplace to do this? (If so state who, and how and when you will obtain this)